

MONKEY/HUMPHREY PRONE- UPRIGHT STANDER LETTER OF JUSTIFICATION OUTLINE

Date

Insurance Carrier

Attn: Medical Review/ Authorization

Address

Re: Client's Name

SS#

"Policy" or "Account" #

Dear (Medical Consultant, VR Counselor, Personal Care Rep, Special Ed Dir., etc)

***** is a ** year old male/female with a diagnosis of ***. He/she lives in (home setting) with (state the level of) support. Due to these factors he/she demonstrates (list identified problems), when attempting to achieve a functional standing position. This creates functional limitations as he/she (is unable to achieve sufficient head/ arm control required for activities of daily living/ group activities/ therapy sessions, inhibits breathing/ digestion/ circulation, developing contractures/ stiffness/ pain), and is unable to complete his/her therapy session goals.

***** will benefit from using a **'Monkey/ Humphrey' prone to upright stander** due to his/her inability to stand independently. It is needed in order to facilitate a symmetrical functional position during standing activities.

*****'s tone requires **lateral trunk and lower extremity supports** to facilitate neutral spinal and pelvic alignment. The **pelvic strap** has a rotational function to allow for adjustment if pelvic rotation occurs to facilitate a midline posture. The **abduction block** facilitates stable positioning of his/her hips to prevent dislocation, facilitate normal hip development and prevent loss of range of motion.

The **foot positioners** are multi-adjustable with footstraps that align *****'s lower extremities due to high/low tone/ataxic movements/flexion patterns. The **chest strap** wraps around the back providing stabilization and support to the trunk. It also has an adjustment to minimize the rotation of the trunk.

The **activity tray** provides upper extremity support for ***** to develop and improve head, neck and upper body muscle control. It comes with a bowl and cover that will allow for therapeutic activities, including fine motor tasks and personal care, to occur at peer standing level.

***** will be able to complete activities while experiencing the **benefits of standing**. These benefits include, but are not limited to: prevents loss of bone density, strengthens the muscles, aids in bowel, bladder, digestion and cardiovascular functions, inhibits abnormal muscle tones and reflexes, and alleviates pain. (See attached list of research articles).

***** needs assistance to transition from prone to upright standing and anterior support from sternum to feet during incremental weight bearing. The continuous range of angle adjustment from prone to upright in Monkey/Humphrey allows ***** to increase his/her tolerance to standing and enables the therapy sessions to be graded and monitored. This incremental weight bearing optimizes his/her posture and comfort during standing activities, which promotes symmetrical muscular and skeletal development in order to prevent deformities.

All of the Jenx products position the child at peer appropriate heights, which is essential for *****'s social skills development during play and learning tasks. Monkey/Humphrey achieves a supported standing position that is an essential part of *****'s therapy program for generating proprioceptive feedback that improves his/her body awareness.

Alternative devices have been tried/ considered (*name devices*) but failed to provide sufficient support to achieve a functional and symmetrical standing position, and failed to prevent (e.g. a *destructive posture/ spastic muscle tone/ involuntary muscle spasm/ knee flexion*). There is no other device available that achieves the correct level of support and precise degree of prone angle required for ***** to attend to upright standing activities that are prescribed in his/her therapy plan of care. Therefore a Monkey/Humphrey is the least costly option that fulfills his/her needs.

Please review the attached supporting documentation. (*E.g., photos, videos, assistive technology assessment, price quotation from vendor, letters/opinions of medical necessity from specialists, brochure or other information showing device- BP has a Jenx video*).

The Monkey/Humphrey prone to upright stander is age appropriate and is accepted by the user, and his/her parents and peers. Due to the ease of operating Monkey/Humphrey, with the padded Velcro™ hip and chest positioning belts, fine tuning side buckles and easy to access foot positioners *****'s caregivers have been able to be trained and have demonstrated their ability to correctly fit him/her in the stander for continued therapeutic benefit in the home setting. All products that are distributed by Bodypoint Designs carry an unconditional guarantee against defects in workmanship and materials.

The above item is medically indicated and necessary for the patient and caretakers to use as part of a rehabilitation plan designed to increase the patient's functional abilities and to prevent medical complications. The stander will be used ___ times per *day/week* as an integral part of the therapy program.

Please feel free to call or write if you have any questions regarding this prescription.

Sincerely,

Benefits of Standing Research Articles:

Bohannon, R.W. "Tilt table standing for reducing spasticity after spinal cord injury." *Archives Physical Medicine Rehabilitation*, 74 (1993) pp. 1121-1122

Eng, J.J., Levins, S.M., Townson, A.F., Mah-Jones, D., Brenner, J., Huston, G. "Use of prolonged standing for individuals with spinal cord injuries." *Physical Therapy*, (2001) pp.1392-1399

Figoni, S. "Cardiovascular and haemodynamic responses to tilting and to standing in tetraplegic patients: a review." *Paraplegia*, 22 (1984), pp.99-109

Kaplan, P.E., et al. "Reduction of hypercalciuria in tetraplegia after weight-bearing and strengthening exercises." *Paraplegia*, 19 (1981), pp.289-293

Kunkel, C.F., Screman, A.M.E, Eisenberg, B., Garcia, J.F., Roberts, S., Martinez, S. "Effects of "standing" on spasticity, contractures, and osteoporosis in paralyzed males." *Archives of Physical Medicine & Rehabilitation*, 74 (1993) pp.73-78

Leo, K. "The effects of passive standing." *Paraplegia News* (1985) pp. 45-47

Uebelhart, D., Demiaux- Domenech, B., Roth, M., Chantraine, A. "Bone metabolism in spinal cord injured individuals and in others who have prolonged immobilization. A review." *Paraplegia*, 33 (1995) pp.669-673